**Patient Name:** MANCZ, JOSEPH

**Date of Birth:** 02/04/1964

**Date of Service:** 11/22/2021

**History of Present Illness:**  
The patient presents for a follow up, status post procedure on 07/02/2021.

The patient complains of right shoulder pain that is rated at 5/10, with 10 being the worst and left knee pain that is rated at 8/10, with 10 being the worst, which is throbbing in nature, along with numbness and tingling. The patient states that pain increases with activity and stairs and improves with rest.

**Past Medical History:**  
Hypertension, sexual difficulties, COPD.

**Past Surgical History:**  
Left ankle surgery in 1981, right shoulder surgery in 1983, left shoulder surgery in 2013, right knee surgery in 2015, neck discectomy and fusion in 2016. \_\_\_\_\_\_Right shoulder surgery on 07/02/2021.

**Past Accident/Injuries:**

**Daily Medications:**  
Naproxen 500 mg, oral steroid as prescribed, hydrochlorothiazide 10 mg, testosterone 100 mg, Tylenol, Lisinopril.

**Allergies:**  
No known drug allergies

**Social History:**  
Smokes 1 pack per day.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 6 feet 4 inches tall, weighs 300 pounds   
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed no tenderness on palpation. Range of motion Flexion 130 degrees (150 degrees normal) Extension 0 degrees (0 degrees normal) .

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. Range of motion Forward flexion 150 degrees(180 degrees normal ) Internal rotation 80 degrees (80 degrees normal ) External rotation 70 degrees (90 degrees normal )

**Diagnostic Imaging:**  
None reviewed.

**Assessment and Plan:**  
Diagnosis: 1. Synovitis, supraspinatus/infraspinatus tear, right shoulder.  
 2. Meniscus tear, left knee.  
Recommend left knee arthroscopy, pending medical clearance.

The patient’s Right Shoulder, Left Knee were examined   
Patient is to return to the office in 8 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**